




April Lunch

FREE BREAKFAST AND
LUNCH FOR ALL STUDENTS!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>Orange Chicken with Brown Rice</p> <p>V  Ask for just rice. Build your own rice & veg bowl!</p>	<p>2</p> <p>Hot Dog</p> <p>100% grass-finished ground beef from From Richard's Regenerative Farm</p>	<p>3</p> <p>Turkey Enchilada with Salsa Fresca</p>	<p>4</p> <p>Three Cheese Calzone with Tomato Dipping Sauce</p>	<p>5</p> <p>Cheese Pizza </p>
<p>8</p> <p>Breakfast for Lunch (Chicken Sausage & French Toast Sticks)</p> <p>V  French Toast & Fresh Fruit</p>	<p>9</p> <p>Chicken Alfredo</p>	<p>10</p> <p>Breaded Ravioli with Tomato Dipping Sauce</p>	<p>11</p> <p>Soft Tacos Seasoned Ground Turkey Toppings: Shredded Cheese, Lettuce, Salsa Fresca</p> <p>V  Build your own veggie, cheese and bean taco</p>	<p>12</p> <p>Pepperoni Pizza </p>
<p>15</p> <p>Chicken n' Waffles</p> <p>V  Waffles & Salad Bar</p>	<p>16</p> <p>Pork BBQ Sandwich </p>	<p>17</p> <p>Build you own Burrito (Chicken Chile Colorado)</p> <p>V  Bean & Cheese Burrito</p>	<p>18</p> <p>Vegetable Lasagna with Garlic Breadstick</p>	<p>19</p> <p>Cheese Pizza </p>
<p>22</p> <p>Kickin' Nuggets with Sunchips (Vegan Plant-Based Nuggets that tastes like chicken!)</p> <p>LUCKY TRAY DAY!</p>	<p>23</p> <p>Hamburger with Roasted Potatoes</p>	<p>24</p> <p>Mac & Cheese (Homemade veggie & cheese sauce)</p>	<p>25</p> <p>Grilled Cheese with Tomato Dipping Sauce</p>	<p>26</p> <p>Pepperoni Pizza </p>

Get outside this weekend for Earth Day!



Lunch choices include assorted fresh fruit, salad bar, and 1% or fat free milk. Nonfat chocolate milk served on Wednesdays.

 Contains Pork V  Vegetarian Inspiration
Visit GUSD.US to view the breakfast menu. Menu subject to change.